

## HOUSE RULES AND INFORMATION

Only the person who actually wants to work in a room themselves can book and rent a room, third parties are as such not accepted.

According to the Prostitution Policy of the Municipality of Amsterdam, the minimum age in order to work as a prostitute is 21 years, exceptions are made for those who were already active in prostitution before 22 July 2013 and can prove this by showing invoices for the days they rented a room for prostitution prior to 22 July 2013.

If you rent a room you are free to start and stop your activities in the hire period for which you paid.

Every day your ID card and/or passport and your registration certificate from the Kamer van Koophandel (Chamber of Commerce) will be checked at the office before you can collect the key of the room in order to start your activities.

The key must be returned, in person, at the office after your work activities have been concluded or at the end of the rental period. For the day shift this is before 6:45pm and for the evening shift on Sunday through to Thursday before 4 am and on Friday and Saturday before 5am.

You must have an active registration with the Chamber of Commerce. You are responsible for this yourself. You can check this on the website: <http://www.kvk.nl/zoeken> or with the kvk app from the Apple Store or Google Play Store. It is compulsory for you to have your ID card and/or your passport with you at all times and to show it to the police, council supervisors or managers at the office if so requested. **IMPORTANT:** If you are requested to show your ID card, passport or other personal information, and you do not trust the person, let that person identify themselves first or contact the office or Zedenpolitie (Vice Squad) on 0611622900.

Do not promise your client sexual acts you do not want to do or are not planning on doing. If your client suggests a sexual or other act which you do not want to perform, do not consent to it. This is your right. Every sexual act you do with your customer must be done voluntarily. It is also your right to refuse alcohol and/or drugs. Hard drugs are strictly forbidden.

In order to avoid problems we advise you to make sure that your customer understands exactly what he can expect for his payment. We strongly advise you not to accept from your customer any personal possessions, such as a passport, mobile phone, etc, as a deposit. This can lead to a criminal investigation or persecution.

If you are having problems with a customer, open your door straight away, so colleagues can hear you, and try to keep calm and talk calmly to your customer, if you start cursing and shouting at your customer the situation can quickly turn against you. If you feel threatened, call the Zedenpolitie on telephone nr 0611622900. If your life is in danger raise the alarm.

### **It is not allowed and legally forbidden to**

Have hard drugs, weapons and stolen goods in the room

Fight or have loud music in the room or near the window

Wear clothing through which the nipples or any other sexual body part is visible.

Tap the window or any other form of aggressive canvassing of customers

Attack people in the street for whatever reason

Buy stolen or contraband goods at the door or in the room

This is against the Openbare Orde (Law on Public Order) and the Dutch Penal Code

Have more than 1 customer in the room. This is for your own safety.

It is strictly forbidden to have any sharp, stabbing and/or cutting objects present in the room.

**IMPORTANT:** the room will be refused and will have to be vacated without refund in case of LOUD MUSIC, HARD DRUGS, STOLEN OBJECTS, NUDITY, FIGHTING, WEAPONS and in any other situation in breach of the Law on Public Order or the Dutch Penal Code. In any case you will be held responsible for all the damage that was caused.

If you rent a room from this office, you are responsible for all the damage to the rented space, so if you start your activities in the room and it is not in a good state, there is damage or it is not clean, contact the office immediately and we will put it right as soon as possible. If you leave the room, make sure you leave it in a good state, and ensure you do not leave anything behind. The Office is not responsible for items which were left behind in the room.

According to Dutch Law, prostitution is legal so in contrast to other countries the Zedenpolitie (Vice Squad) is there to regulate public order as well as help people who work in prostitution and do this anonymously if requested. **You can contact the Zedenpolitie on 0611622900 or call anonymously with 0800-7000**

**IMPORTANT: If you have the feeling that you perform your activities as prostitute not voluntarily, contact the Office and/or the Zedenpolitie on 0611622900. If you have information about one of your colleagues of which you suspect they are being forced to perform their activities, contact the Office and/or the Zedenpolitie on 0611622900 or the alarm number 112 or call anonymously with 0800-7000**

**Office 52**

**Oudezijds Achterburgwal 52**

**Tel: 020-6386421 and 0657432128**

Rental periods are Day shift from 10am - 6.45pm

Evening shift Sunday through Thursday from 7pm to 4 am and Friday and Saturday from 7pm to 5 am

**Important telephone numbers Zedenpolitie/Vice Squad 06-11622900 Alarm number 112 Call Anonymously 0800-7000**

**Name:..... Signature.....**

**Part of the new Prostitution Policy are the Hygiene guidelines for sex companies which were drafted by the National Institute for Public Health and the Environment and must be adhered to if you work as a prostitute. We summarised the main points.**

STDs are transferred through pathogens in sperm, pre-seminal fluid, vaginal fluid, blood and mucous membranes. As these are capable of surviving for a little while outside of the body, STDs can also be contracted via bodily fluids which are on your hands or skin and on materials such as your mattress or a towel.

Use liquid soap or hand alcohol with PT01 code and disposable paper tissues. Wash and dry your hands before and after each sexual contact or massage, if there is sperm, pre-seminal fluid, vaginal fluid or blood on your hands, after going to the toilet, before and after eating and after cleaning activities. Have the customer wash himself with water and liquid soap before sex or a massage.

Use condoms with a CE logo, it is prohibited to use condoms without a CE logo. Do not use condoms which are past their 'use by' date or whose packaging has been damaged and keep them in their original packaging at room temperature in a dark place away from sharp objects. Make sure your nails are smooth, sharp edges can damage the condom and skin.

Use latex condoms only with lubricants and massage liquids which are water- or silicone-based. Latex dissolves in grease or oils. Use condoms without nonoxynol-9 (spermicide) as this damages the mucous membrane of your vagina. Polyurethane condoms can withstand grease and oils. In case of a neovagina, preferably use polyurethane condoms with an oil-based lubricant, because the skin can become affected or irritated when a water- or silicone-based lubricant is used. Use a new condom for every sexual act or when changing partners.

If you work during your period you are more susceptible to STDs and you should use sponges which have been designed for this purpose, no natural sponges or household sponges. Only use them once and do not keep them in for more than 8 hours. If you cannot manage to remove it, hold the showerhead against your vagina so the sponge will fill with water and come down. If this fails, go to the Accident and Emergency department at the hospital.

Prevent infection by covering objects you use during sex, such as vibrators, dildos, sm materials and such like, with a condom before inserting these into a customer. Use a new condom for every customer, keep dirty sex toys and objects with bodily fluids on them separate and disinfect them immediately after use with an all-purpose cleaner and dry them with tissues or kitchen roll. Afterwards they can be disinfected with alcohol 70-80% with a PT02 code.

If a customer has an open wound, you run the risk of being infected, if the wound has a scab on it, and no blood comes out, the risk does not exist. Only touch blood and fluids coming out of the wound with disposable gloves, let the wound circulate freely and disinfect with e.g. Betadine, sterilon iodine and put a plaster on it. It is strictly forbidden to have any sharp, stabbing and/or cutting objects present in the room.

If your condom breaks during sex, do the following. Urinate well and wash the outside of your vagina with water, do not use soap or the likes. Do not rinse the inside, this increases the risk for STDs.

In connection with your profession as a prostitute we advise you to get tested for STDs 4 times a year and for HIV 1 time a year by the GGD or your GP. Get vaccinations for hepatitis A and B.

This is a summary of the most important points, the full version can be consulted at our office and can also be found on <http://www.ggd.amsterdam.nl/infectieziekten/hygiene/seksbedrijven/>

**We want to point out that if you have run a risk of being infected, whichever way it happened, you should immediately go to the GGD or GP as well as the Prostitutie en Gezondheidscentrum (Prostitution and Health Centre) 292, Nieuwezijds Voorburgwal 292, Amsterdam tel: 020-5318600 who can help you and inform you anonymously. Website: [www.PG292.nl](http://www.PG292.nl) .**

**They can also inform you or help you with problems concerning taxes, debts, housing and about a job if you want to stop working as a prostitute.**

**Hereby I declare to have received and understood the Hygiene Guidelines.**

**Name:..... Signature.....**

**Appendix with the Summary of Hygiene Guidelines, concerning the things the tenant has to look after herself, with relation to the activities, in the room rented by her.**

1. Mattresses  
You can choose between two methods  
**1a) You are working on a washable mattress:**  
After each client the mattress cover needs to be cleaned and disinfected. Therefore in each room a spray bottle all purpose cleaner (blue bottle no.1) and a spray bottle disinfectant Actacid (red bottle no.2) are present. When you clean the bed use first the blue bottle spray no.1 with all purpose cleaner, spray it all over the bed surface and wipe it off with a paper towel or tissue.  
Then use red bottle no.2 with Actacid spray it all over the bed surface and leave it to dry.  
**Don't wipe it off with paper towels or cloths!**  
**1b) Use sheets/towels:**  
If you cover de mattress with a towel or other linens. You have to use a clean towel/fleece blanket or sheet after each client. As an extra service you can buy disposable sheets at the office of the landlord which also have to be changed after each client
2. The dirty laundry of towels or sheets which you brought yourself needs to be collected in a closed plastic bag. The laundry needs to be done according to the washing instructions and a full washing programme must be used. If there is blood or other bodily fluids on the laundry, it must be washed at 60 degrees, unless the washing instructions state otherwise.
3. The tenant is responsible herself for bringing enough condoms with a CE-logo without nonoxynol-9. These may not be past their 'use by' date and need to be used and stored according to the instructions on the packaging.
4. If the tenant uses lubricants or massage oils, she herself is responsible for purchasing them and the correct use thereof.
5. For her personal hygiene, the tenant is responsible for bringing enough liquid disinfecting soap or hand alcohol with PT01 code and paper tissues or kitchen roll etc.
6. Sex toys are the tenants' property and need to be taken home at the end of the tenancy period. The sex worker is responsible for cleaning the sex toys and to have with her: all purpose cleaner, alcohol 70-80% with PT02 code and tissues or kitchen roll. If required, bags with attributes belonging to the tenant can be stored temporarily at the office of the landlord.
7. The tenant is responsible herself for the correct cleaning of her body parts, sex toys, attributes and keeping clean the bedding and the bin/sink during the whole length of the tenancy period. With extreme soiling of the bed or accumulation of rubbish, the office can be asked to assist in getting rid of one thing or another.
8. It is forbidden to have sharp, pointy or cutting objects in the room. This is in the interest of the safety of the sex workers. The manager is allowed to look in the tenants' bag in order to check this.

The purpose of these agreements is to guarantee the hygiene and consequently the safety of the tenant and her customers as well as possible.

**Hereby I declare to have received and understood the Hygiene Guidelines.**

**Name:**..... **Signature**.....